

Written by

David Jolliffe

# **HORSHAM ARUN BADMINTON CLUB**

# **SEPTEMBER 2024 NEWSLETTER**



https://www.habc-badminton.com

Hello and welcome to a new season at HABC. I'm sure you'll join me in wondering what happened to the usual summer heatwave and being confused how it is Autumn already, but here we are! In this newsletter we cover changes to the visitor policy for 2024/25, provide a reminder of peg board best practice, give an opportunity to purchase club tops, and launch our new coaching programme, amongst the usual other articles. I hope you all enjoy, and as always please reach out if you have anything to include in the future.

## ORDER YOUR CLUB TOP NOW!

Orders for our club kit are now open for the 2024/25 season. This kit is exactly the same as last year's so there is no need to purchase a new one if you already have one (unless you want to!).

Full details, including sizing, can be found in the cover email for this newsletter but the headline information is below:

£18 inc. printing Text/Email your order to Maria Once confirmed, pay into the club's account

## DEADLINE: 17:00 Friday 20th September



## **VISITOR POLICY**

New for the 2024/25 season, visitors are now entitled to 3 visits at £10 per session before deciding to join or not.

If you are talking to a visitor at one of our sessions, please make sure they have signed the visitor's book so that we have a record of all visits.

If you wish to bring a visitor to one of our sessions, please make sure you contact Peter Monk, David Jolliffe, or the session rep, to ensure there is capacity.

Please also make sure they are of the minimum standard as detailed on the sessions page of the club's website.

## PEG BOARD BEST PRACTICE

For all sessions using our peg board, please remember to follow the below rules:

You are only allowed to pick from the first 8 players including yourself.

Try to pick a balanced game to ensure everyone plays good quality matches. Feel free to ask a member for help if you wish for a second opinion.

If you feel you cannot pick a fair game, then you are free to move your peg to the back of the line and allow the next member to pick a game.

If a visitor is at the front of the line, then please don't make them pick for themselves – they might not know anyone! The member next to them in the line should aid them in picking a fair game.

These rules are for the benefit of all members and to ensure everyone gets to play roughly the same number of games per session, so please make sure they are followed.

# WELCOMES, FAREWELLS AND CONGRATULATIONS

We would like to welcome all our recently joined members to the club.

To respect our member's privacy this section of the newsletter has been redacted for our website's copy.

If you are a current member then you will have received an unredacted copy to the email address we have on record.

#### MONDAY NIGHT COACHING

We are pleased to launch a new coaching series on a Monday night brought to you by club coach Zeyar Win. This coaching programme aims to provide our weaker members with the opportunity to learn more about doubles tactics, shot selection, and court positioning, along with other pieces of advice on how to play certain shots.

Each week there will be two 1-hour slots (19:30-20:30 and 20:30-21:30), so you will still be able to take part in an hour of club night as well as this coaching session. There is also no obligation to take part in all 6 of the below sessions, but it would be recommended as they will likely build on each other during the programme.

Week 1, 16<sup>th</sup> September – Serve and Return including technique and shot selection Week 2, 30<sup>th</sup> September – Forehand overheads Week 3, 14<sup>th</sup> October – TBC Week 4, 28<sup>th</sup> October – TBC Week 5, 11<sup>th</sup> November – TBC Week 6, 25<sup>th</sup> November – TBC

We have enough space for 6 people in each 1-hour slot, and this is open to all members, except experienced match players.

#### **MEMBERS SURVEY OUTCOMES**

Thank you to all members who completed our membership survey during August, we had a near 100% response rate which has been much appreciated by all committee members.

For those who said they wish to play matches in the 2024/25 season, the team selection and fixture list will be sent to you in the coming weeks, as well as be published on the matches page of our website.

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#### **CANCELLED SESSION**

We are sorry to announce that there will be no Tuesday morning session on 15<sup>th</sup> October due to an NHS event taking place at The Bridge.

### **STRINGING**

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## **TOURNAMENT SUCCESSES**

European Masters (August 2024)

During the last week of August, **Karen Thomas**, **Helen Milne**, and **Mike Stoneman** travelled out to Belgium to play in the European Masters Championships.

In the Women's Doubles Over 60 event, **Karen Thomas** and her partner Christine successfully beat a pair from France 21-11 21-9, before losing to some 5/8 seeds in the Round of 16 to the tight scoreline of 21-15 15-21 15-21.

Meanwhile in the Men's Doubles Over 75 event, **Mike Stoneman** and his partner Geoffrey lost out to the 3/4 seeds in the Round of 16 in straight sets.

Representing Scotland, **Helen Milne** had a tricky draw in the Over 50s Women's Singles where she lost in the 2<sup>nd</sup> round to the 3/4 seed and played up in the Over 45s Mixed Doubles where she and her partner Chris lost in a tight 3 set battle in the 2<sup>nd</sup> round 21-13 15-21 21-23.

There was a bronze medal in the Over 60s Mixed Doubles where **Karen Thomas** came through 4 rounds, beating the 3/4 seeds and the 5/8 seeds en route, to reach to the semi finals before eventually losing out to the number one seeds. Fantastic work by her and her partner Michael!

The biggest success came in the Over 50s Women's Doubles where **Helen Milne** and partner Lynne came through 5 rounds to reach the final, before eventually losing to the 1<sup>st</sup> seeds from Denmark.



Well down to all our international stars!

Kent Tier 4 (Saturday 31<sup>st</sup> August)

Issy Noakes, Brannon Lee Chong and David Jolliffe took a short hop over the border into Kent to play in their start of season Tier 4 and came away with some more silverware for HABC.

In the Men's Singles, **Brannon** battled through injuries and pains to reach the semi final before losing out 21-11 19-21 11-21.

In the Men's Doubles, **David** and **Brannon** lost out in the group stage by a narrow 2 point margin, 20-22 21-13 20-22.

There was a late substitution in the Women's Doubles, with **Issy's** partner pulling out. However, with her new partner there were some battling 3-set losses in the group stage.

But the highlight of the day came in the Women's Singles, with **Issy** reaching the final before losing out in an incredible match 21-16 29-30 20-22! So unlucky but still a great silver medal.

